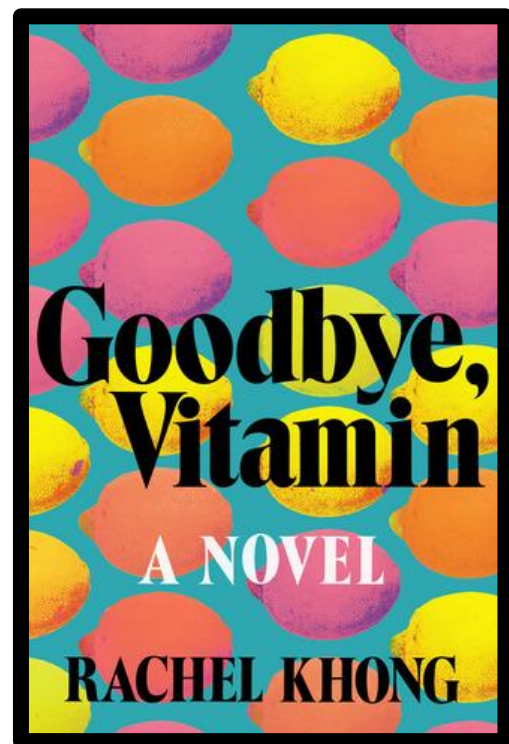


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Book Details

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Authors	:	Rachel Khong

Book Synopsis

A young woman returns home to care for her failing father in this fine, funny, and inescapably touching debut, from an affecting and wonderfully original new literary voice.

A few days after Christmas in a small suburb outside of L.A., pairs of a man's pants hang from the trees. The pants belong to Howard Young, a prominent history professor, recently diagnosed with Alzheimer's disease. Howard's wife, Annie, summons their daughter, Ruth. Freshly disengaged from her fiancé and still broken up about it, feeling that life has not turned out quite the way she planned, thirty-year-old Ruth quits her job and arrives home to find her parents' situation worse than she'd realized. Her father is erratically lucid and her mother, a devoted and creative cook, sees the sources of memory loss in every pot and pan. But as Howard's condition intensifies, the comedy in Ruth's situation takes hold, gently transforming her grief. She throws herself into caretaking: cooking dementia-fighting meals (a feast of jellyfish!), researching supplements, anything to reignite her father's once-notable memory. And when the university finally lets Howard go, Ruth and one of her father's handsome former students take their efforts to help Howard one step too far.

Told in captivating glimpses and drawn from a deep well of insight, humor, and unexpected tenderness, *Goodbye, Vitamin* pilots through the loss, love, and absurdity of finding one's footing in this life.